

U-13 and above Practice Schedule (Note: Teams use only have half the field)

FIELD 1	Monday		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B
5:00 - 6:30									CORY BARBOUR (U-14B REC)	JODY SPALDING (U-13G COMP)
6:30 - 8:00	JEFF STONE (U-13B COMP)		CORY BARBOUR (U-14B REC)		JODY SPALDING (U-13G COMP)				MARTIN BODKIN (U-14G COMP)	JEFF STONE (U-13B COMP)