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Saint Joseph School
2006-2007
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Mission Statement Of the Saint Joseph School Athletic Department

As an integral part of the parish, The Saint Joseph School Athletic Department is strongly committed to emphasizing the dignity of every student athlete as a child of God while supporting their pursuit of athletics. We believe that all players, coaches, and parents will do their best to promote Christian values, and play and coach at levels of competitiveness that place learning and developing sport skills first and foremost above winning. Sportsmanship and respect for our coaches, players, and competitors must **NEVER** be compromised. We strive to maintain a cooperative spirit among parents, coaches, teachers, and student athletes that will make it possible for our athletes to develop into Christian leaders in the parish and community.

Purpose of The Athletic Program At Saint Joseph School

The Athletic Program, as established at Saint Joseph School is an extra-curricular activity operated under the direction of the Saint Joseph School Athletic Board.

The Athletic Board's purpose is to provide opportunities for "Grade School" youth to play in well-organized and supervised sport leagues. The Saint Joseph School Athletic Board will strive to select volunteer coaches willing to teach sportsmanship at all times and in all situations while participating in these leagues; and to teach the participants to play the sport well. The teaching of young people to develop their God-given talents to the best of their ability while gaining a sense of good sportsmanship, fair play, and Christian values in a healthy, fun environment is of primary importance.

The Athletic Board will determine all playing rules, operating rules, participation fees, and budget for the program with oversight from The Saint Joseph School Board.

In addition, The Athletic Board, following an application and/or interview process, will select and approve all team managers, coaches, assistant, etc. for the programs they organize, fund, and/or direct.

The Athletic Program will be open to all Saint Joseph School students in grades four to eight. Student athletes from other Nelson County Catholic schools may on occasion be granted permission by The Saint Joseph Athletic Board to participate in a Saint Joseph program if such program is not offered at their school.

Competitive Spirit. Winning is inherent to competition, but winning is not the prime objective of The Saint Joseph School Athletic Program. The Saint Joseph Athletic Board, however, does believe that there is an obligation to take sports seriously and that each player should be taught to play to the best of his or her ability and to prepare for the contest. Teams should be coached so that progress is made in the techniques of the game being played.

Responsibilities of The Athletic Director And Assistant Athletic Director

(The Saint Joseph School Board must approve persons elected to these two positions)
(Director/Assistant Director must be Saint Joseph School parents/parishioners)

- Implement the philosophy and guidelines established by Saint Joseph School and its Athletic Board.
- Distribute evaluation forms to parents/students for coach evaluation.
- Establish an Athletic Board of up to fifteen people.
- Develop an agenda for Athletic Board meetings. (August, September, November, December, January, February, March, April, and May).
- Develop a yearly budget plan. (To be approved at the May Athletic Board Meeting)
- Provide the Athletic Board with a monthly financial statement.
- Recruit coaches who are willing to abide by the philosophy and guidelines established by Saint Joseph School and its Athletic Board. (All coaches shall be approved by the Athletic Board)
- Schedule and conduct a coaches' meeting to include discussion of the Saint Joseph School Athletic Board's guidelines; as well as the league rules for the league in which they have been chosen to coach.
- Attend league organizational meetings and ensure all related league fees are paid promptly.
- Coordinate and/or ensure that all athletic uniforms are returned.
- Provide the Saint Joseph Athletic Board with a year-end inventory statement to include uniforms, equipment, etc.
- Coordinate and/or ensure that all participation fees and associated permission forms, medical release forms, etc. are completed and returned to the Athletic Department.
- Distribute coaches' evaluation forms to parents and students.

- Supervise the organization of teams; obtain needed equipment, Athletic Awards, concession supplies, and qualified officials. Schedule the gymnasium for practice and games giving consideration to the needs of After School Care, PTO meetings, Market Day, dances, and other scheduled school functions. Ensure the gymnasium is clean and safe before and after games and/or other athletic functions, especially proper maintenance and cleaning of the gym floor.

Guidelines For Saint Joseph Coaches

- Each coach selected by the Athletic Board must be willing to abide by the philosophy and guidelines established by Saint Joseph School and its Athletic Board as outlined in this document, "*The Saint Joseph Athletic Handbook.*"
- The Saint Joseph School Athletic Board must approve each coach, assistant coach, manager, etc.
- Each coach, grades 4-6 will be required to complete the National Youth Sports Certification Training (NYSCA) provided by the league coordinators and all coaches 4-8 will be required to attend St. Joseph's coaches meetings. The only exception to NYSCA is that coaches are certified through the KHSAA.
- Each coach shall provide his/her NYSCA certification card, a signed coach's pledge, a criminal records check form, and proof of attendance to any required workshop by the Archdiocese. Coaches 4-6 shall provide a copy of his/her NYSCA certification card.
- Each coach is required to have a scheduled "Parent Meeting" prior to the first scheduled practice, at which time all business relating to and established by The Athletic Board will be presented.
- Each coach is required to:
 - A. Promote good sportsmanship and conduct.
 - B. Coach in a manner in which each student athlete can have fun and view his/her success in terms of meeting his/her own goals rather than feeling their success is based on the success of the team.
 - C. Devote enough time to each child so that he/she may progress.
 - D. Be prompt with the start and finish of practice as scheduled.
 - E. Have all practice sessions open for parent observation.
 - F. Collect Permission Form, Authorization for Treatment Form, Medical Waiver Release Form, Sports Evaluation Form, Athlete's Pledge Form, and Parent's Pledge Form for each player on their team.
 - G. Collect the pre-determined participation fee by the designated date, and return it to the Athletic Director or his/her designated representative.

Guidelines For Saint Joseph Coaches

(cont.)

- H. Give each player a fair amount of playing time.
 - I. Fill out game reports, team rosters, etc., and submit them promptly to the designated personnel.
-
- Each team is required to enter and/or exit the gymnasium for practice and games by using the cafeteria door located on the west side of Saint Joseph School. In addition, each team, coach/manager is responsible for leaving the gymnasium, locker rooms, and restrooms clean after each practice.
 - Each coach will allow only those students involved with their team's practice inside the gymnasium during scheduled practice times. Any scrimmages, games, and/or practice sessions, etc., involving anyone other than Saint Joseph School student athletes must be approved by the Athletic Director.
 - Each coach is required to maintain an attendance/participatory log for all practice sessions and games relating to each player. Should a parent and/or player present a formal written complaint to The Athletic Board, this log and coaches' notes will be used to evaluate a player's conduct, attitude, and participation.
 - Each team's coach will be responsible for issuing and ensuring the prompt return of all sports equipment and the uniforms approved and issued to them by The Saint Joseph Athletic Board.
 - Each coach should have available, at each practice session and game, a first aid kit and the "Authorization for Treatment" form for each player.
 - Each coach shall request Athletic Director's approval for play in any tournament play, special games, etc., other than year-end league tournaments. The Athletic Director shall not approve play in more than one tournament, etc., per team without approval of The Athletic Board.

Guidelines For Saint Joseph Coaches (cont.)

- Student Athletes at Saint Joseph School are allowed to compete in A.A.U. competition and any approved tournament action associated with school teams outside the regular season. However, all student-athletes, within the designated age bracket, must be invited to participate (although playing time will not be guaranteed) before a team can use the Saint Joseph School name or request use of any of the Athletic Department's resources.
- Each coach selected to coach a Saint Joseph team will be evaluated at the conclusion of each season using the guidelines and policies listed in this, "The Athletic Handbook," and rules for the league in which they have been chosen to coach. Should a coach violate any of these guidelines, policies, etc., and The Athletic Board receive formal complaint, he/she will be:

(1) Asked to have a meeting or discussion with the Athletic Director or Assistant Athletic Director.

(2) Asked to meet with the entire Athletic Board if violations continue.

Following Step 2, The Athletic Board will render a formal decision concerning what action/discipline will be imposed, and such decision will be noted in the coach's file.

The Athletic Director will schedule practice sessions/games as near as possible to the following plan and each coach will follow these guidelines:

*7th and 8th Grade Boys'/Girls' Basketball will be allowed a maximum of four hours of practice time (Mon.-Fri.) while school is in session. An additional two hours will be granted for Saturday and/or Sunday practice. **Note: Each game played will subtract one hour of practice time for the week of the game.***

4th, 5th, and 6th Grade Boys'/Girls' Basketball will be allowed a maximum of three hours of practice time per week while school is in session. Teams in these divisions may be granted additional practice time during the Fall, Winter, and Spring inter-sessions.

Guidelines For Saint Joseph Coaches (cont.)

Practice time limits for additional sports will be determined by a vote of The Athletic Board prior to the formation of the activity. (Example: volleyball)

Saint Joseph teams will not be allowed to practice prior to 9:00 a.m. nor later than 5:00 p.m. on Saturday. Sunday practice will not be allowed prior to 1:00 p.m. The gymnasium will be closed at 9:00 p.m. Sunday-Friday. **Note: Most, but not all game times will be within these guidelines.**

Guidelines For The Saint Joseph Student Athlete

- Student athletes must abide by the philosophy and guidelines established by Saint Joseph School and its Athletic Board as outlined in this document, "The Athletic Handbook."
- Student athletes must provide a Permission Form, Authorization for Treatment Form, Medical Waiver Release Form, Sports Evaluation Form, Athlete's Pledge Form, and Parent's Pledge Form to the team's coach by the third practice session or by a designated date determined by the Athletic Director.
- The primary and ultimate purpose for the existence of Saint Joseph School is to assist parents in fulfilling their role of educating their children with a quality Catholic education. Therefore, if there is a significant drop in the level of a student athlete's attitude, classroom preparation, or academic performance while participating in any extra/curricular activity sponsored by Saint Joseph School, then a series of communications/actions will follow:
 1. Teacher/student conference. Teacher discusses situation with student privately.
 2. Teacher/student/parent conference. Situation discussed, goals set, student made aware possible suspension from extra/curricular activity if goals are not met. The Principal, Athletic Director, Teach Coach, Club Leader, etc. will be given an ESPN (Extra/Curricular Status & Participation Notification) Yellow Status – Caution Form. This form is located on page 20 of "The Athletic Handbook."
 3. Principal/Parent/Teacher/Student conference. (If the previously set goals are not attained). Student athlete will be given an ESPN (Extra/Curricular Status & Participation Notification) Red Inactive Status Form. This form is located on page 21 of "The Athletic Handbook." The Principal, Athletic Director, Team Coach, Club Leader, etc., will be given and ESPN (Extra/Curricular Status & Participation Notification) Red Inactive Status Form. Student athlete will not practice nor participate in any extra/curricular activities while on "Red Inactive Status." Formal notification will be given to all parties when a student athlete is granted permission to return to "Yellow Status – Caution."

Guidelines For The Saint Joseph Student Athlete (cont.)

- All Saint Joseph School student athletes must be in school (if it is a school day) the day of a practice and/or game to participate in that day's game and/or practice.
- Each Saint Joseph student athlete should remember that he/she is an ambassador for our school and is to set a good example by demonstrating leadership, good sportsmanship, self-control, and courtesy to all at each and every contest. Any conduct which is regarded by the student's coach and/or Athletic Board member as being in poor taste will result in penalties dependent upon the severity of the offense.
- All uniforms and equipment purchased by the Athletic Board shall remain the property of Saint Joseph School. All uniforms and equipment damaged beyond normal wear or not returned will be replaced at the expense of the athlete's family. All uniforms will be returned to the team coach and/or designated person at the conclusion of the season.
- In an effort to keep our uniforms in the best possible condition, they are to be worn only during scheduled games. They are not to be worn at practice sessions, as street-wear, or during out-of-uniform days.
- The student athlete must wear the Athletic Board approved uniform. In girls' and boys' basketball, this consists of matching tops and shorts, white socks, and tee shirts of the same color if worn. Tee shirts may not be torn or cut off.
- Only those students, coaches, and parents involved with a team's practice will be allowed inside the gymnasium during the scheduled practice times. Any scrimmages, games, and/or practice sessions, etc., involving anyone other than Saint Joseph student athletes must be approved by the Athletic Director.

Guidelines For The Saint Joseph Student Athlete (cont.)

- Transportation to all games will be provided and/or arranged by the parent(s), NOT THE COACH and/or THE ATHLETIC DEPARTMENT.
- Any Saint Joseph student athlete will be dismissed from athletic competition for the remainder of the school year if they are caught smoking, drinking, and/or using any illegal drugs while in uniform.
- A Saint Joseph student athlete may be a member of only one team unless otherwise approved by the Athletic Director.
- Athletes who have practice before or at 3:30, and stay at school, must remain with Late Car Riders until a coach arrives. Athletes will not change clothes for practice until the coach arrives.

Guidelines For The Saint Joseph Team Selection

4th-5th-6th Grade Level, Boys' and Girls' Basketball Teams

Winning is inherent to any competition, but winning is not the primary objective of the Saint Joseph School sports program. There is, however, an obligation to take the competitions and practices seriously. Each player should be encouraged to play to the best of his or her ability, prepare for each contest, and progress in the techniques of the sport in which they have chosen to participate. Therefore, under the directive of the Saint Joseph School Board, the Athletic Board will implement the following policies concerning team selections.

The division of teams for youth league basketball at Saint Joseph School will be conducted in a consistent and organized manner. Our goal is to ensure that all teams are divided as fairly and as equally as possible, while giving consideration to student athlete and parent needs in regard to transportation to practices, games, etc.

Coaches selected for each grade level will be required to attend a coaches' meeting. At this meeting the Athletic Director or Assistant Athletic Director will share the expectations of the Saint Joseph School Board and the Athletic Board. A portion of these expectations shall focus on playing time. All players in the 4th, 5th, and 6th grade level are guaranteed playing time (unless the player is ill, injured, on inactive status due to disciplinary action, or unable to play for other reasons). Each student athlete should receive a fair amount of playing time during each and every game, to exceed the standard league rules for the league in which they participate. In an effort to make this easier for our coaching staff, the Saint Joseph Athletic Board and the Athletic Director will attempt to keep the number of players on each team at a modest level.

Division of teams will be based on the total number of players signed up and/or present at the evaluation sessions, and the Athletic Director will follow as near as possible the model described below:

- * 7-13 players = 1 team
- * 14-20 players = 2 teams
- * 21-28 players = 3 teams

Guidelines For The Saint Joseph Team Selection

4th-5th-6th Grade Level, Boys' and Girls' Basketball Teams (cont.)

Prior to the start of the basketball season, a form will be circulated in the homerooms giving students the opportunity to participate. Information will be sent to the parents regarding the date(s) for the evaluation practice sessions for basketball in their grade. All players will practice at least twice at the fourth grade level, and at least once (twice if "ANY" coach wishes) at the fifth and sixth grade levels before player selection will be allowed to take place. All coaches for the teams being selected and a non-coaching representative from the Athletic Board shall be required to be present at these evaluation practice sessions in order to help evaluate and determine the various skill levels of all players in the selection pool.

At the conclusion of the evaluation practice sessions, all coaches will convene in private and rate and/or rank the players into talent/skill level categories. (Example: "A" players, "B" players, "C" players, etc.) This information is to remain strictly confidential and used for preseason evaluation purposes only.

Once the players have separated into categories based on evaluated talent/skill, each coach will select a player from the same category and continue rotating selections until all players have been selected.

The talent level of the children of coaches should not negatively affect the division of teams. For example, if a teams coach and assistant coach each have a son and/or daughter who is evaluated as an "A" player, the remaining teams will be compensated by selecting two "A" rated players before this set of coaches can choose an additional player.

At the end of the selection process, each team should have the same (or nearly the same) number of "A", "B", and "C" players. There will be no changes made to team assignments once the teams have been announced.

Any questions or comments concerning the division of players for 4th, 5th, and 6th grade boys' or girls' teams should be addressed to the Saint Joseph School Athletic Board.

Guidelines For Saint Joseph Team Selection

7th & 8th Grade Level Girls' and Boys' Basketball

The selection of players for the 7th and 8th grade basketball teams at Saint Joseph School will be conducted in a consistent, fair, and organized manner. Our goal is to select the players to the team that best meets the student athlete's skills, goals, playing time, self-esteem, opportunity for skill development, and the student athlete's general happiness.

Prior to team selection, coaches selected at each grade level will be required to attend a coach's meeting. There is no guarantee that you will coach the team that you have applied for until team selections are complete, even though your son/daughter may be selected for the Red or Black team. At this meeting the Athletic Director will share the expectations of the Saint Joseph School Board and the Athletic Board. A portion of these expectations shall focus on playing time for both St. Joseph Black and St. Joseph Red teams. Coaches at all levels will be urged to play all players as much as possible, but the St. Joseph Red has no guaranteed playing time.

First we will address the number of players wishing to participate. Sign-up sheets will be distributed to each 7th and 8th grade boys/girls class at the appropriate time to determine the number of teams for each grade level. 7th & 8th grade girl's sign-ups will be at the end of the school year for the next year's teams. 7th & 8th grade boy's sign-up sheets will be at the end of October of each year.

If we have sufficient numbers to establish a second team then try-outs will be scheduled to select teams. A student athlete who decides to be on the Black team is not required to try out, they will automatically be placed on the Black team. The decision making process regarding which team a student athlete will play on will be decided at these try-outs. All student athletes that signed up to play will practice together a minimum of two times, 1½-hours each in length. At the completion of the second practice the coaches, along with the Athletic Director, and a non-coaching representative from the Athletic Board will select the Red team members. A skills checklist will be used to assist in this decision making process by the evaluators. The Red team should have a maximum of 10 players but in the absence of enough players to constitute a Black team this number could be lowered to eight.

Guidelines For Saint Joseph Team Selection

7th & 8th Grade Level Girls' and Boys' Basketball (cont.)

In some cases the 7th & 8th grade players not selected for the Red team could be combined to constitute an 8th grade Black team, thereby ensuring that all students will have an opportunity to play. If sufficient numbers of participants are not met to constitute a Black team then all players will be assigned to the Red teams, reiterating that there is no guaranteed playing time on the Red teams.

In some rare occasions it has been necessary for players to play up to the next grade. It is not the policy of St. Joseph to allow this but in those rare circumstances when it's needed. If a team (due to injuries, medical problems, etc) should have their roster drop to 6 players or less then they may ask for the lower grade to play with them. This request shall go through the Athletic Director, Asst. Athletic Director, or Principal. The request will be made to the entire lower grade team and who ever desires to move up will do so. Everyone who does will be added to the higher-grade scorebook. All players in the higher grade will play first and foremost. The purpose of allowing this is primarily for safety reasons. No lower grade player will have more playing time than any of the higher-grade players (Except in rare occasions where higher-grade players have become injured or fouled out). Every lower grade player will be used if the need arises, substituting each one prior to putting one in who has already been in the game.

The St. Joseph Athletic Board realizes that evaluations regarding skill level will always be subjective, but our goal will always to be as objective as possible to make the process as fair as possible and to strive to help the player be the best that they can be.

SKILLS EVALUATION CHECKLIST

	1	2	3	4	5	TOTAL
1. OFFENSIVE SKILLS						
A. DRIBBLING	—	—	—	—	—	_____
B. PASSING	—	—	—	—	—	_____
C. SHOOTING	—	—	—	—	—	_____
2. DEFENSIVE SKILLS						
A. POSITIONING (1 ON 1)	—	—	—	—	—	_____
B. REBOUNDING (1 ON 1)	—	—	—	—	—	_____
3. SCRIMMAGE POINTS						
A. Defensive techniques (Stance, jump to the ball, deny, help out)	—	—	—	—	—	_____
B. Rebounding (box out)	—	—	—	—	—	_____
C. Hustle	—	—	—	—	—	_____
D. Scoring Ability	—	—	—	—	—	_____
E. Ball Handling	—	—	—	—	—	_____
OVERALL SCORE						_____

Saint Joseph School Gymnasium Rules

For Practice and Game Days

- Coaches are responsible for ensuring the gymnasium, bathrooms, and locker rooms are left clean after each practice and/or game. This means general items such as coke cans, bottles, paper towels on floor, are put into trashcans and basketballs are returned to proper location, etc. There will be dust mops available to clean the gymnasium floor before practice. The dust mops are to be returned to the appropriate location when they are not being used.
- Tennis shoes only are on the playing area. No wet shoes, no bare feet, no cleats.
- No smoking in the entire school.
- Coaches are to ensure that all lights are turned off and the building is locked and secure before leaving the premises.
- Student athletes will be allowed in the gymnasium or main school building only when the coach or other school personnel are present.
- Student athletes shall not be allowed to leave the gymnasium without the coach's permission.
- Persons other than Saint Joseph students may not practice or use the gymnasium without prior permission from the Athletic Director.
- Absolutely no keys are to be loaned to anyone to get into the school for the purpose of using the gymnasium.
- The middle floor, stage area, and back stairs area are to be monitored by adults during host dates for basketball games at Saint Joseph School.

Saint Joseph School Guidelines

For Closing the Gymnasium

Saint Joseph School sport teams will be assigned to and allowed to practice during the following times: Monday-Friday, the gymnasium will be used for practice and games from 3:30 p.m. – 9:00 p.m. Saturday, the gymnasium will be used from 9:00 a.m. – 5:00 p.m. Sunday practice will not be allowed prior to 1:00 p.m. or after 9:00 p.m.

The following list is the general responsibility of the coaching staff for closing the gymnasium if you are the last team present:

- Gym floor swept.
- All windows closed and locked.
- Bathrooms left clean and lights turned off.
- Hall lights turned off.
- Locker rooms left clean, lights turned off and locker room doors closed.
- Stage lights turned off.
- Inside foyer light left on.
- Delivery door closed and locked.

Grievance Procedure

Authority as exercised in the Catholic School System depends in a large measure upon a spirit of willing cooperation among administrator, coaches, parents, and athletes.

The Athletic Board does realize that honest disagreements can and sometimes will occur. Likewise, the Athletic Board believes that these disagreements or complaints can and should be discussed and resolved at the level closest to the dispute.

The sequence for discussion of issues or grievances should be as follows:

1. Athlete/Parent
2. Team Coach
3. Athletic Director
4. Athletic Board Grievance Committee (In writing from parties involved)
5. The Athletic Board
6. The School Board
7. Pastor

Grievances will not be addressed at any level unless the proper sequence of levels has been followed, unless the safety of an athlete, coach, etc. is in question.

Guidelines For Saint Joseph Athletic Board Members

- Implement the philosophy and guidelines established by Saint Joseph School and its Athletic Board.
- Attend regular scheduled meetings of the Saint Joseph School Athletic Board and any special sessions called.
- Aid the Athletic Director and Assistant Athletic Director in recruiting coaches who are willing to abide by the philosophy and guidelines established by Saint Joseph School and its Athletic Board.
- Assist the Athletic Director in organizing teams and equipment as needed.
- Help with the Athletic Awards Banquet preparation, set up, and clean up.
- Work any scheduled home games as a representative of the Athletic Board. Responsibilities will include overseeing the gate, concession, bookkeeper, patrolling the hallway, and being available to assist with any issues that may arise during or after games.

Extra-Curricular Status & Participation Notification

YELLOW STATUS - CAUTION

Student: _____ Date: _____

Reason(s) student has been placed on YELLOW STATUS

- significant drop in academic achievement
- class work/homework consistently incomplete
- pattern of consistently unacceptable behavior
- Other:

Note: If the student remedies this situation, then formal notification of an *all-clear status* will be sent.

If this situation continues, or becomes worse, then formal notification that the student has been placed on *inactive (Red Status)* will be sent.

Teacher: _____

Principal: _____

Cc: Club Leader Coach Athletic Director
 Principal

Extra-Curricular Status & Participation Notification

RED STATUS - INACTIVE

Student: _____ Date: _____

Reason(s) student has been placed on RED STATUS

- continued significant drop in academic achievement
- continued incomplete class work/homework
- continued pattern of unacceptable behavior
- Other:

Note: Please contact the school principal as soon as possible to set up a conference. The purpose of this conference is to discuss various cooperative strategies to help the student remedy this situation. When the student remedies this situation, then formal notification of a **caution (Yellow Status)** will be sent.

Teacher: _____

Principal: _____

Cc: Club Leader Coach Athletic Director
 Principal

SAINT JOSEPH SCHOOL
ATHLETIC PERMISSION FORM

Child's Name: _____

Grade: _____

Birth Date: _____ Teacher: _____

Telephone Number: _____ Male ___ Female ___

.....

I, _____, give permission
for my child, _____ to
participate in the following sport at Saint Joseph School:

_____.

I understand, by signing this form, submitting a sports evaluation form, and an authorization for treatment form, that Saint Joseph School and its authorized agents are in no way responsible for any accident and/or injury incurred by my child while participating at practice and/or games. I also agree to provide and/or arrange for transportation of my child to all games and practices.

Uniforms for basketball will be supplied by the Athletic Department with the exception of shoes, socks, and/or warm-ups. Socks need to be plain white. No exceptions. Players may wear tee-shirts of matching color under the issued uniform. The sleeves should not be cut or torn off. Uniforms are to be washed in cool to lukewarm water only, and hung to air dry. Damaged and/or lost uniforms will be replaced at players' expense.

There will be a participation fee determined by the Athletic Board to offset equipment cost, gym maintenance, cleaning supplies, coaches' training, and to compensate workers for concession stand and the admission door. The fee is due at time of player sign-up.

St. Joseph School

Authorization for Treatment

To whom it may concern:

This document is to be used for authorization for emergency medical treatment for the child listed below:

Name: _____ Sex: _____ Date of Birth: _____

Address: _____

Home Phone: _____ Emergency Phone: _____

Parent's (legal guardian's) name(s): _____

Address: (if different from child) _____

Insurance Company: _____ Insurance ID# _____

Family Doctor: _____ Doctor Phone: _____

Does player have any allergies or past or present medical problems?
____ No ____ Yes, (If yes, explain on back)

This document gives consent to any hospital or emergency treatment center, doctor, or qualified employees of the same to administer necessary treatment and care. In the event that I cannot be reached in an emergency, I hereby give permission to the physician, selected by the adult leader in charge, to hospitalize, secure proper anesthesia, or to order injection or surgery for my child.

Signed _____ Date: _____

Team: _____

Coach: _____

Saint Joseph School

Sports Evaluation Form

Name: _____ Birth Date: _____ Age: _____

Address: _____ Phone: _____

In Case of Emergency, Contact: _____

Phone: _____

Relationship: _____

Parents, please complete the following medical history.

- | | | |
|--|---------|--------|
| 1. Any chronic or recurrent illnesses? | ___ Yes | ___ No |
| 2. Any breathing problems? (i.e. asthma, wheezing) | ___ Yes | ___ No |
| 3. Any hospitalizations? | ___ Yes | ___ No |
| 4. Any surgeries? (except tonsillectomy) | ___ Yes | ___ No |
| 5. Any injuries, requiring treatment by a physician? | ___ Yes | ___ No |
| 6. Presently taking any medicines? | ___ Yes | ___ No |
| 7. Any allergies to medicines? | ___ Yes | ___ No |
| 8. Are immunizations up-to-date? | ___ Yes | ___ No |
| 9. Any problems with blood pressure or heart? | ___ Yes | ___ No |
| 10. Any dizziness, fainting, convulsions? (with or
Without exercise) | ___ Yes | ___ No |
| 11. Any chest pain with exercise? | ___ Yes | ___ No |
| 12. Any family member die before age 50? | ___ Yes | ___ No |
| 13. Ever been knocked out or had a concussion? | ___ Yes | ___ No |
| 14. Wear eyeglasses or contact lenses? | ___ Yes | ___ No |
| 15. Any loss of vision in one eye? | ___ Yes | ___ No |
| 16. Wear any dental appliances? | ___ Yes | ___ No |
| 17. Any knee injury or surgery? | ___ Yes | ___ No |
| 18. Any ankle injury? | ___ Yes | ___ No |
| 19. Any history of neck injury? | ___ Yes | ___ No |
| 20. Any broken bones? | ___ Yes | ___ No |
| 21. Any organ missing? (eye, kidney, testicle, etc.) | ___ Yes | ___ No |
| 22. Ever suffer heat exhaustion or heat stroke? | ___ Yes | ___ No |
| 23. Any skin problems (rash, athlete's foot, boils) | ___ Yes | ___ No |
| 24. Any hepatitis? (yellow jaundice) | ___ Yes | ___ No |
| 25. Any anemia? | ___ Yes | ___ No |
| 26. Any bleeding problems? | ___ Yes | ___ No |
| 27. Have you ever been told not to participate in any
Sport for any reason? | ___ Yes | ___ No |

Circle if anyone in your immediate family has any of the following:

A: Diabetes

B: High Blood Pressure

C: Marfan Syndrome

Parent Signature: _____

Saint Joseph School

Medical Waiver Release Form

Name of Student: _____

Grade: _____

In lieu of a written doctor's statement, Saint Joseph School/Athletic Board has agreed to waive its policy upon signing of this form by the parent(s) of the child participating in the sports program at Saint Joseph School. In signing this form, you release Saint Joseph School and its Athletic Board from any medical responsibility pertaining to your child while he/she is enrolled in the sports program at Saint Joseph School, and acknowledge that your son/daughter is physically capable of participating.

Parent Signature: _____

Date: _____

SAINT JOSEPH SCHOOL

ATHLETE'S PLEDGE

I will do my best to keep a positive, Christian attitude.

I will follow the belief that although winning is our primary goal, good sportsmanship, fair play, and preparing for each contest to the best of my ability is most important.

I will always remember the importance of an education. Schoolwork shall always come before my athletic participation with a balance between the two making me a strong, well-rounded person.

I will do my best to develop team spirit. I will respect my coach, my parents, other players, spectators, and game officials, while offering praise and help to my fellow athletes.

I understand that rules are important; therefore, I pledge to follow all rules set by my school, the Athletic Board and my coach.

I will abide by the rule that if I should be absent from school, I will not be able to attend practice and/or dress for a game on that day.

I will take responsibility for proper care of my uniform and assure that my uniform is returned to my coach at the end of the season for the sport in which I am participating.

I have read and agree to abide by the principles established in the St. Joseph Athletic Handbook and this Athlete's Pledge.

Print Athlete's Name: _____

Athlete's Signature: _____

Date: _____

Grade Level: 4th 5th 6th 7th 8th

SAINT JOSEPH SCHOOL

PARENT'S PLEDGE

I will encourage good sportsmanship by demonstrating positive support for all players, coaches, spectators, and officials at every competition, practice, or other event.

I will provide and/or arrange for transportation for my child to all games and practices and be punctual in picking my child up from practices/games.

I will support coaches and officials working with my child by being positive and displaying good sportsmanship.

I will support a drug, alcohol, and tobacco-free sports environment for my child and agree to assist by refraining from their use at all youth sporting events affiliated with Saint Joseph School.

I will remember that the game is for the children and not for adults.

I will encourage my child to treat other players, coaches, spectators, and officials with respect, regardless of race, sex, creed, or ability.

I will be responsible for helping keep the gym clean by assisting with cleanup when my child participates in a home game. I will clean up after myself.

I have read and agree to abide by the principles established in the St. Joseph Athletic Handbook and this Parent's Pledge.

Print Parent's Name: _____

Parent Signature: _____

Date: _____

Phone Number: _____

Grade Level: 4th 5th 6th 7th 8th

